

Immersion of Mind, Body and Soul: A Mystical Understanding of Mikvah

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JEWISH PEOPLE	SINGLE WOMAN	MARRIED
Egypt	Dating	Menstrual Flow
Leaving Egypt	Engagement	Hefsek Tahara
Counting of Omer	Preparing for Marriage	Bedikdas
Mikvah Before Receiving the Torah	Mikvah before Chuppah	Mikvah
Standing at Mt. Sinai and Receiving the Torah	Consummation of marriage	Consummation within marriage
40 Years in the Desert	Pregnancy	
Splitting of Jordan	Breaking of waters: labor	
Entering Israel	Birth	

This class is based on the teachings of Rabbi Yitzchak Ginsburgh, founder of Gal Einai: The Institute for Advanced Interdisciplinary Study of Torah, Art and Science, www.inner.org