

B"H

*Sicut cervus anhelat ad fontes*  
*Aquarum* - As the hart panteth  
after the water brooks

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Oxford University Chabad Society

**Pre-High Holidays Yom Limmud**

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# Motto of Hart Hall / Hertford College, Oxford

Sicut cervus anhelat ad fontes aquarum



# Psalm 42

- For the leader. A maskil of the Korahites.
- As the hart panteth after the water brooks
- so panteth my soul after thee, O G-d
- my soul thirsts for God, the living God; O when will I come to appear before God!
- My tears have been my food day and night; I am ever taunted with, “Where is your God?”
- When I think of this, I pour out my soul: how I walked with the crowd, moved with them, the festive throng, to the House of God with joyous shouts of praise.
- Why so downcast, my soul, why disquieted within me? Have hope in God; I will yet praise Him for His saving presence.
- O my God, my soul is downcast; therefore I think of You in this land of Jordan and Hermon, in Mount Mizar,
- where deep calls to deep in the roar of Your cataracts; all Your breakers and billows have swept over me.
- By day may the LORD vouchsafe His faithful care, so that at night a song to Him may be with me, a prayer to the God of my life.
- I say to God, my rock, “Why have You forgotten me, why must I walk in gloom, oppressed by my enemy?”
- Crushing my bones, my foes revile me, taunting me always with, “Where is your God?”
- Why so downcast, my soul, why disquieted within me? Have hope in God; I will yet praise Him, my ever-present help, my God.

# Psalm 42:1-2

- לַמְנַצֵּחַ מִשְׁכִּיל לְבְנֵי־קֹרַח:

For the leader. A maskil of the Korahites.

- כָּאֵיל תַעֲרַג עַל־אֲפִיקֵי־מַיִם בֵּן נַפְשִׁי תַעֲרַג אֵלַי אֱלֹהִים:

Like a hart crying for water, my soul cries for You, O God;

- צַמְאָה נַפְשִׁי | לֵאלֹהִים לְאֵל חַי מִתִּי אָבוֹא וְאֶרְאֶה פָנַי אֱלֹהִים:

my soul thirsts for God, the living God; O when will I come to appear before God!

# Pilgrimage to the Temple

- אֵלֶּה אֲזַכֶּרֶה | וְאֲשַׁפְּכֶה עָלַי | נִפְנְשֵׁי כִּי אֶעְבֹּר | בְּסֶף אֲדִידִים עַד-בַּיִת אֱלֹהִים בְּקוֹל-רִנָּה  
:תוֹדָה הַמִּזֶּן חוֹגֵג:

When I think of this, I pour out my soul: how I walked with the **crowd**, moved with them, the festive throng, to the House of God with joyous shouts of praise.

# Water and wine libations on Sukkot

- תְּהוֹם-אֶל-תְּהוֹם קוֹרָא לְקוֹל צְנוּרֶיךָ כָּל-מִשְׁבְּרֶיךָ וְגִלְיֶיךָ עָלַי עָבְרוּ:

where deep calls to deep in the roar of Your cataracts; all Your breakers and billows have swept over me.

# Longing on Yom Kippur – Piyut of R. Sa-adia Gaon

• כְּאַיִל תַּעֲרַג עַל־אַפְיִקֵי־מַיִם בֵּן נַפְשִׁי תַעֲרַג אֵלַיךָ אֱלֹהִים:

Like a hart crying for water, my soul cries for You, O God;

עֲנֵנוּ בְּשִׁיחַתְנוּ טוֹבוֹת גּוֹמֵל / כַּעֲנֵנוּ לְאַלְיָהוּ בְּהַר הַפְּרִמֵּל 10

עֲמַדְנוּ בְּעֵשׂוֹר לְפָנֶיךָ בְּנַפֶּשׁ עֲרוּגָה / פִּיצַת פִּינוּ עֲנֵה וְהַשְׁבֵּת דָּאָגָה

עֲנֵנוּ בְּצִדְקָךָ וְכַפֵּר זְדוֹן וְשַׁגְּגָה / כַּעֲ לְיוֹנָה בְּמַעֵי הַדָּגָה

# Song – K-ayal Ta-arog

- [https://www.chabad.org/multimedia/music\\_cdo/aid/140704/jewish/Keayol-Taarog.htm](https://www.chabad.org/multimedia/music_cdo/aid/140704/jewish/Keayol-Taarog.htm)

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# Song – Toma lecha nafshi

- [https://www.chabad.org/multimedia/music\\_cdo/aid/4897397/jewish/Tzoma-Lecha-Nafshi.htm](https://www.chabad.org/multimedia/music_cdo/aid/4897397/jewish/Tzoma-Lecha-Nafshi.htm)